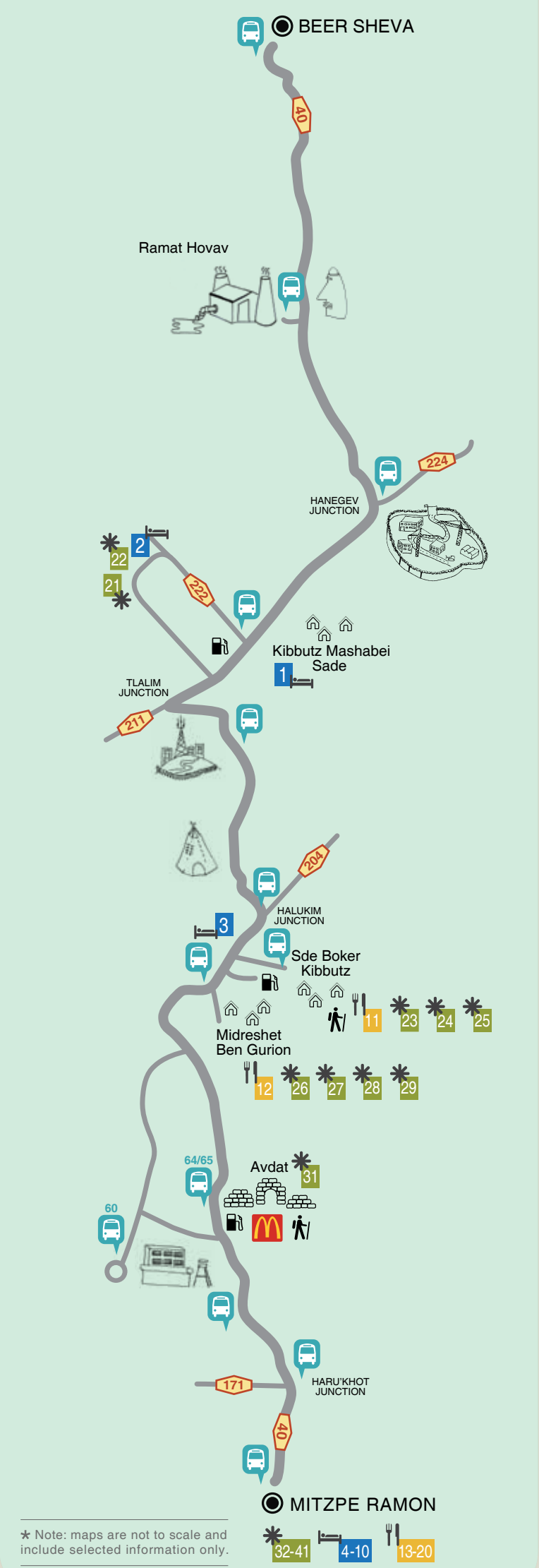


BUS ROUTE



First Bus	Sat-Thu	Friday
Mitzpe Ramon	05:00 am	05:00 am
Beer Sheva	06:20 am	06:35 am

Last Bus	Sat-Thu	Friday
Mitzpe Ramon	21:30 pm	15:00 pm
Beer Sheva	23:40 pm	16:30 pm

*Subject to change, inquire with hostel desk/bus info

Metropole Info: *5900
www.bus.co.il

HIKING TRAILS IN SDE BOKER AREA



MITZPE RAMON



INDEX

	Bus Station		Point of Interest
	Main Road		Suggested Hike
	Trail		Gas station
	4x4 Road		Parking Lot
	Forest / Thicket		Shopping Center
	Accommodation		ATM
	Dining		Public Toilet

DRIVING TIME

Mitzpe Ramon				
00:35	Avdat Ruins			
00:45	00:45	Ben Gurion Collage/Ein Avdat		
01:00	01:00	00:15	Tlalim Junction	
01:40	01:40	00:55	00:40	Beer Sheva

Hadasaar Natural Living
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ACCOMMODATIONS

	NAME	TYPE	PHONE	DORM / DBL	FACILITIES	WEBSITE	NAME OF BUS STOP
1	"Mashabim" country Lodging	Country Lodging	08-6565134/6	NA / 500 ILS		www.mashabim.co.il	Mashabei Sade (Kibutz)
2	Sfinat Hamidbar (Desert ship)	Bedouin Tent	08-655718 052-3900020	75 / 225 ILS		www.sfinat-hamidbar.com	Mashabim
3	Harooa Campground	Campground		Free			Tzrif Ben Gurion
4	Silent Arrow	Camp Lodge	052-6611561	80 / 250 ILS		www.silentarrow.co.il	Merkaz Tapuah
5	Har Nanegev Field School	Youth Hostel	08-6588615/16	392 - 458 ILS		www.teva.co.il	Nahal Sirpad / Har Gamal
6	The Green Backpackers	Hostel	08-6532319	85 / 285 ILS		www.thegreenbackpackers.com	Nahal Sirpad / Har Gamal
7	Smart Hotels Ramon	Hotel	08-6588884	530 - 670 ILS		www.ramonhotel.com	Nahal Arod / Nahal Meishar
8	Mitzpe Ramon Youth Hostel	Youth hostel	02-5945712	140 / 380 ILS		www.iyha.org.il	Nahal Ha-Ella / Nahal Tzin
9	Desert Wind	Hostel	050-5903661	80 / 250 ILS		www.desert-guest-tent.co.il	Merkaz Mishari
10	Desert Shade	Camp Lodge	054-6277413	70 - 270 ILS		www.desert-shade.com	Merkaz Mishari

RESTAURANTS

	NAME	TYPE	PHONE	OPENING HOURS	NAME OF BUS STOP
11	Pola café	Café	08-6560479	Sun-Thu 8:30 - 16:00 Fri & Holiday eve 8:30 - 14:00 Sat 10:00 - 16:00	Tzrif Ben Gurion
12	Domino Pizza	Pizza	08-6532332 054-3009469	Sun-Sat 9:00 - 22:30	Midreshet Ben Gurion
13	Hakatze	Home cooking	08-6595273	Sun-Mon 12:00 - 20:00 Wed-Sat 12:00 - 20:00	Nahal Eilot / Nahal Nitzana
14	Chez Eugen	Bistro Chef Restaurant	08-6539595	Mon-Sat 19:00 - 22:00	Nahal Eilot / Nahal Nitzana
15	Hadasaar Natural Living	Deli and coffee shop from the Negev Delicacies	08-9408473	Sat-Wed 8:00 - 20:00 Thu-Fri 8:00 - 23:00	Nahal Eilot / Nahal Nitzana
16	Lasha bakery coffee shop	Boutique bakery and café	050-3611488	Thu 9:00 - 14:00, 16:00 - all night long Fri 8:00 - 15:00	Nahal Eilot / Nahal Nitzana
17	Hahavit	Israeli eclectic Restaurant and bar	08-658-8226	Sun-Thu 11:00 - last customer	Nahal Tziya / Shuk
18	Domino Pizza	Pizza	08-6595252	Sun-Thu 9:00 - 23:00 Fri 10:00 - 15:00	Merkaz Mishari
19	Meat Roll	Sharwama & Falafel	08-6343063	Sun-Thu 10:00 - 22:00 Fri 10:30 - 14:30	Merkaz Mishari
20	Jinji Hummus	Hummus, Falafel and Israeli food	050-4355188	Sun-Thu 10:30 - 20:00 Fri 10:30 - 14:30	Merkaz Mishari

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THE SIX RULES FOR A SAFE HIKE

1. **Always let someone know where you're going.** Leave a written note with a friend, family member or hotel receptionist. State the trail you intend on hiking, the number of people in your party, your cell-phone number and what time you expect to return.
2. **Do not hike alone.** If you encounter any trouble at all, the quickest response will always come from your hiking buddy. Any other assistance might take hours to get to you.
3. **Water, Water and Water.** Dehydration is the greatest danger in the desert, and is very easy to avoid. The amount of water you'll need varies according to the hike, but as a rule of thumb- never takes less than 2 Lt.
4. **Carry a map and Stay on marked trails.** The trails are all color coded. Hiking off-trail in Israel is not allowed - and is dangerous.
5. **Dress accordingly.** Wear adequate ankle-supporting footwear, a wide hat and a shirt with sleeves. The weather can be unpredictable, so in the winter always carry warm clothing.
6. **Seek good advice.** Always consult with a local before going out. Rangers, hostel employees, visitor's center representatives and guides at the field school will all be happy to help.

HIKING AND TRAIL MARKING IN THE NEGEV

Apart from a few exceptions, hiking off-trail in the Negev is prohibited and potentially dangerous. All the established trails are well-marked in a uniform system that applies all around Israel. There are four common colors for local trails; Blue, Green, Red and Black (photo no.1). A triple color marker Indicates sections of the Israel National Trail (photo no.2).



The colors do not indicate difficulty, just different trails. As a rule you should always be able to see the next marker if you stand on a marker. This means that if you can't see a marker - GO BACK TO THE LAST MARKER. Do not continue forward in hope of re-connecting with the trail. Turns and trail crossings are marked with special markers (photo no.3). Hiking at night is only allowed on specific trails, so make sure to plan your hike to end before dark.

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3 SUGGESTED HIKING TRAILS:

Ein Avdat National Park

↔ ⌚	7 km, 4 hrs
💧⚙️	Winter, Spring and Fall
🕒⌚	8:00 - 15:00, See opening hours
📍	See Hiking map of Sde Boker
🔄	✓
🌟	Oasis, impressive canyon, waterfall, vultures and Ibexes, seasonal water holes, rock drawings
*	This trail has an entrance fee

Start at the bus stop at Ben Guryon Campus. Walk across the circle to the entrance station to Ein Avdat national park. You'll have to pay here.

Follow the road to the canyon or find the red markers on the right for the short-cut. Walk along the road towards the inner parking lot. Last chance for a toilet for the next 1:30 hours. You are asked to refrain from eating in the reserve or going to the bathroom in nature. Follow the blue markers into the canyon, past the old Pistacia tree and to the first waterfall. Climb the stairs on the right wall of the canyon and follow the markers to the grove of Poplars at the upper end. The trail follows a series of stairs until it reaches two ladders attached to the canyon wall. Once you make it to the top, follow the cliff to the left (south), with blue markers, until you reach the overlook of EIN MAARIF. Continue south along the dry creek. Look out for the rock drawings on the west bank. In the winter, waterholes filled with rain water make for an amazing addition to this section of the hike. Finish at the gas station under the Ruins of Avdat- a Nabatian city visible on the hill to the west.



Ein Avdat national Park



Ein Akev spring

From Avdat Ruins To Akev Spring

↔ ⌚	13km, 7hrs
💧⚙️	Winter, Spring and Fall
🕒⌚	Morning
📍	See Hiking map of Sde Boker
🔄	✗
🌟	Impressive canyon, rock formations, Ibexes and Vultures, Cool springs (swimming), impressive views.

Start out at the bus stop next to the Avdat Gas station. Follow the Blue markers as they circle the park fence on the north side.

If you wish to visit the city first, a green trail will take you from the top of the hill (next to the legion-camp) down to the blue trail. Follow the blue trail over two shallow valleys and down a short steep descent to the trail crossing at upper Akev Spring EIN AKEV ELYON. After rainy seasons the pools here are wide enough to dip in. Do not Trample the vegetation in an attempt to clear an opening. Switch to the Black Markers and walk north, down canyon, about 3 km to the large waterfall and pool of lower Ein Akev. The water here is deep enough to swim year-round. Diving from the ledges is forbidden and dangerous. You can hike north along the blue markers and connect to the jeep trail- and hope to get a ride out, or climb along the green markers, on the west side of the canyon, to follow the Divshon Pass-MAALE DIVSHON. This will take you 6km along the plateau and down a steep windy trail (caution advised) to the paved entrance road to Ein Avdat National Park. Climb north along the road to Ben Guryon Campus and to the bus stop.

A taste of the crater

↔ ⌚	3 km, 1.5 hrs
💧⚙️	All year
🕒⌚	2 hours before sunset
📍	See Hiking map of Mizpe Ramon
🔄	✓
🌟	Scenic trail possible Ibexes

Head out from Camel lookout, and take a moment to appreciate the view from this natural landmark, that was known by nomads as SARBIT- "the staff".

Head southwest along the cliff until you reach a gate in the fence of the HAR HANEGEV field school. Enter the compound and continue along the low stone wall at the edge of the cliff. When you reach the fence on the other side, exit through another gate and pick up the blue markers (and the occasional Israel national trail marker). The trail will head out on the side of the slope, maintaining the same elevation, and before it starts dropping down into the Makhtesh, there will be a red trail branching to the right and up. Follow this red trail to the top. You will be able to see the large antennas of the communications base above you and to your right. Once you get to the top, the trail will take you over the hill, with the base on your right, and down to the access road. Continue along this road, following the red markers, all the way to the main gate (the north gate), of the field school compound. Once at the gate, follow the fence line to the left and all the way back to the cliff. From here return to camel mountain and to the starting point.



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POINTS OF INTEREST

	PLACE	DESCRIPTION	OPENING HOURS	CONTACT NUMBERS	NAME OF BUS STOP
21	Neve Midbar	Thermal baths and spa complex.	Sat-Thu 9:00 - 18:00 Fri 9:00 - 16:00	08-6579666	Tsomet Mashabim
22	Sfinat hamidbar	Center for desert tourism, camel rides and Bedouin hospitality.	8:00 - 15:00	052-3900020 08-6557318	Tsomet Mashabim
23	Ben Gurions Desert home	The original home of the First Prime Minister of the State of Israel, David Ben-Gurion.	Sun-Thu 8:30 - 15:00 Fri 8:30 - 13:00 Sat 10:00 - 15:00	054-4218789	Tsrif Ben Gurion
24	Faran Cosmetic shop & Pola café	A small lovely café kiosk bar attached to FARAN shop of local produced Natural Cosmetics & other local production & souvenirs.	Sun-Thu 8:30 - 16:00 Fri & Holiday eve 8:30 - 14:00 Sat 10:00 - 16:00	08-6560478	Tsrif Ben Gurion
25	Sde Boker Winery	Boutique winery, Produces small amount of high quality estate wines.	Sat-Thu 10:00 - 16:00 Fri 10:00 - 14:00	050-7579212	Tsrif Ben Gurion
26	Ben Gurion's Grave	Tzin Valley Lookout point & the grave of Israel's first prime minister.	Always open		Midreshet Ben Gurion
27	Ben Gurion's Grave - Audio-visual movie	Audio-visual movie, Formative Decisions, in the Ben-Gurion College.	Sun-Thu 8:00 - 14:00 Fri & Sat by appointment only	08-6592103	Midreshet Ben Gurion
28	Geofun Desert Cycling Center	Bike rental, guided bike trips, bike shop & repair shop.	Mon-Thu 9:00 - 18:00 Fri 8:30 - 14:00	08-6553350	Midreshet Ben Gurion *With bus no. 65 get off at Tzomet Sde Boker station
29	Midreshet Ben Gurion - Commercial center	Small shopping center, grocery store, post office, student bar, local pool and a few fast food options.	8:30 - 17:00		Midreshet Ben Gurion *With bus no. 65 get off at Tzomet Sde Boker station
30	Ein Avdat - National park	Ein Avdat Natural spring national Park.	Weekdays & Sat 8:00 - 14:30 Fri 8:00 - 13:00 (Summer + 1 hour)	08-6555684	Midreshet Ben Gurion *With bus no. 65 get off at Tzomet Sde Boker station
31	Avdat - National park	Ruins of the ancient Nabatian city- Avdat.	Weekdays & Sat 8:00 - 16:00 Fri 8:00 - 15:00	08-6551511	Avdat / Atikot *Take bus no. 64 or 65
32	FARAN Natural Cosmetics	A factory for Natural Cosmetics, Soaps & Make up products. Factory shop is open for visitors.	Sun-Thu 8:00 - 19:00 Fri & Holiday eve 8:00 - 16:30 Sat Closed	08-6539333	Nahal Eilat / Nahal Nitzana
33	Lasha Bakery	Boutique bakery specializing in full grain and healthy breads.	Thu 9:00 - 14:00, 16:00 - all night long. Fri 8:00 - 15:00	050-3611488	Nahal Eilat / Nahal Nitzana
34	Hadasaar - Natural living	Desert art boutique store - Products and workshops for sustainable life.	Sat-Wed 8:00 - 20:00 Thu-Fri 8:00 - 23:00	08-9408473	Nahal Eilat / Nahal Nitzana
35	Mitzpe Ramon Jazz Club	Live Music, Jam session Bar.	Thu-Fri 21:30 - 1:00	050-5265628	Nahal Eilat / Nahal Nitzana
36	Camel hill & The Sculpture Garden	A scenic promenade featuring beautiful observation points overlooking the Ramon crater.	Always open		Har Gamal / Nahal Sirpad
37	Alpaca Farm	Hand feed and learn about alpacas and llamas, Horse riding trails in the Ramon crater surroundings.	Winter 8:30 - 16:30 Summer 8:30 - 18:30	052-8977010	Har Gamal / Nahal Sirpad *The farm is a 40 minute walk from town.
38	Makhtesh Ramon Visitor Center	Memorial site for Ilan Ramon and geological display of the Ramon Nature Reserve.	Weekdays & Sat 8:00 - 15:00 Fri 8:00 - 14:00 (Summer + 1 hour) *Must call in advance	08-6588691	Nahal Ha-Ella / Nahal Tzin
39	FARAN Natural Cosmetic shop	Natural Cosmetic products & other local Negev production & souvenirs.	Sun-Thu 9:30 - 19:00 Fri & Holiday eve 9:30 - 18:00 Sat 9:30 - 18:00	08-6757312	Nahal Ha-Ella / Nahal Tzin
40	Bio Ramon	Desert wildlife live display of the small animals that inhabit the Negev	Weekdays & Sat 8:00 - 15:00 Fri 8:00 - 14:00 (Summer + 1 hour)	08-6588755	Nahal Ha-Ella / Nahal Tzin
41	Mitzpe Ramon Commercial center	Grocery store, post office, bank and a few fast food options.	Sun-Thu 8:00 - 18:00 Fri 8:00 - 14:00		Shderot Ben Gurion



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The Green Backpackers
THIS MAP IS PRODUCED BY THE STAFF, VOLUNTEERS AND FRIENDS OF THE GREEN BACKPACKERS HOSTEL, MITZPE RAMON.